



# The AMAZING Peel Kit Protocol

Use this guide to safely and effectively use the AMAZING Peel Kit to address photoaging, hyperpigmentation and blemish prone skin from the comfort and security of your own home.

## PRE-PEEL PROTOCOL:

Before starting, ensure you will have at least TWO hours of downtime to give this regimen maximum effectiveness.

## SUGGESTED REGIMEN:

AM	Cleanse Amazing Peel Soothe Protect SPF 30
PM	Cleanse TCA Retexturing Cream Soothe

## IN YOUR KIT:

**CLEANSE (10ml):** Gentle lightweight daily cleanser

**TCA PEEL (2ml):** TCA Peel w/ micro-encapsulated All-Trans Retinol

**TCA RETEXTURIZING CREAM (10ml):** Boosts benefits of “Amazing” peel

**SOOTHE (10ml):** Lightweight daily moisturizer

**PROTECT SPF 30 (Foil Pack):** 100% mineral sunscreen

## STEPS:

### AM:

1. Wash face with tepid water using CLEANSE. Pat face dry with a soft towel.
2. Once face has dried, apply the TCA PEEL using roller ball applicator to ensure sterile application. Be sure to saturate the skin and focus on areas of concern like dark spots and areas of uneven texture and tone. Expect to feel a slight tingling sensation as the TCA absorbs into the skin. If you start to experience FROSTING in any particular area this simply means your skin is saturated. It's important to note you DO NOT NEED to reach the point of frosting to achieve results.
3. WAIT until the tingling sensation has subsided BEFORE reapplying to areas of concern, if needed.
4. Your skin will appear flushed and tight once the TCA PEEL has fully absorbed.
5. If you have leftover product, you can apply to the neck, décolleté and the tops of your hands, if desired.
6. LET PEEL SIT FOR TWO HOURS MINIMUM before participating in any activities for maximum effectiveness.
7. After the two hours have passed, feel free to re-wash your face with CLEANSE and moisturize with SOOTHE.
8. IMPORTANT! If you plan on going outside, apply a layer of PROTECT SPF 30 Mineral Sunscreen to protect against sun damage.

### PM:

1. Wash face with with tepid water using CLEANSE. Pat face dry with a soft towel.
2. Once face has dried, apply a light layer of TCA RETEXTURIZING CREAM to boost the effects of the peel while you sleep.
3. Once TCA RETEXTURING CREAM has dried, moisturize with SOOTHE.

## WHAT TO EXPECT:

1. Expect your skin to be tight, dry and flaky by day 2 and to start seeing your skin peel by day 3-4. Areas where you can expect the most peeling is around the mouth area (smile lines) and chin. Moisturize with SOOTHE as needed.
2. Expect areas of pigmentation concerns to “worsen” before they get better - perfectly normal. Pigmentation has to come up and out of the skin in order to flake off.
3. Expect skin to feel tight and to see results within 14 days after using the AMAZING PEEL KIT.
4. Repeat the AMAZING Peel treatment monthly for ongoing clinical results.